

Sunday

2 June 2024

First Sunday after Trinity

COLLECT

O God,
the strength of all those who put their
trust in you,
mercifully accept our prayers
and, because through the weakness of
our mortal nature
we can do no good thing without you,
grant us the help of your grace,
that in the keeping of your
commandments
we may please you both in will and
deed;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Either **Deuteronomy 5:12-15**

A reading from the book of Deuteronomy.

The LORD says this: Observe the sabbath day and keep it holy, as the LORD your God commanded you. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work – you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day.

Or **1 Samuel 3:1-10 [11-20]**

PSALM Psalm 81:1-10

R O come, let us sing to the Lord.

Sing merrily to God our strength
shout for joy to the God of Jacob.
Take up the song and sound the timbrel
the tuneful lyre with the harp. **R**

Blow the trumpet at the new moon,
as at the full moon, upon our solemn
feast day.
For this is a statute for Israel, a law of
the God of Jacob.

The charge he laid on the people of
Joseph,
when they came out of the land of
Egypt. **R**

I heard a voice I did not know, that said:
"I eased their shoulder from the
burden; their hands were set free
from bearing the load.
You called upon me in trouble and I
delivered you; **R**

"I answered you from the secret place
of thunder and proved you at the
waters of Meribah.
Hear, O my people, and I will admonish
you:
O Israel, if you would but listen to me! **R**

"There shall be no strange god among
you;
you shall not worship a foreign god.
I am the Lord your God,
who brought you up from the land of
Egypt;
open your mouth wide and I shall fill
it." **R**

SECOND READING

2 Corinthians 4:5-12

A reading from the second letter of Paul to the Corinthians.

We do not proclaim ourselves; we
proclaim Jesus Christ as Lord and
ourselves as your slaves for Jesus'
sake. For it is the God who said, "Let
light shine out of darkness," who has
shone in our hearts to give the light of
the knowledge of the glory of God in
the face of Jesus Christ. But we have
this treasure in clay jars, so that it may
be made clear that this extraordinary
power belongs to God and does not
come from us. We are afflicted in every
way, but not crushed; perplexed, but
not driven to despair; persecuted, but
not forsaken; struck down, but not
destroyed; always carrying in the body
the death of Jesus, so that the life of
Jesus may also be made visible in our
bodies. For while we live, we are always
being given up to death for Jesus' sake,
so that the life of Jesus may be made
visible in our mortal flesh. So death is at
work in us, but life in you.

GOSPEL Mark 2:23 – 3:6

Hear the gospel of our Lord Jesus Christ according to Mark.

One sabbath Jesus was going through
the cornfields; and as they made their
way his disciples began to pluck heads
of grain. The Pharisees said to him,
"Look, why are they doing what is not
lawful on the sabbath?" And he said
to them, "Have you never read what
David did when he and his companions
were hungry and in need of food?
He entered the house of God, when
Abiathar was high priest, and ate the
bread of the Presence, which it is not
lawful for any but the priests to eat,
and he gave some to his companions."
Then he said to them, "The sabbath
was made for humankind and not
humankind for the sabbath; so the Son
of Man is lord even of the sabbath."
Again he entered the synagogue, and
a man was there who had a withered
hand. They watched him to see whether
he would cure him on the sabbath, so
that they might accuse him. And he
said to the man who had the withered
hand, "Come forward." Then he said to
the Pharisees, "Is it lawful to do good
or to do harm on the sabbath, to save
life or to kill?" But they were silent. He
looked around at them with anger; he
was grieved at their hardness of heart
and said to the man, "Stretch out your
hand." He stretched it out, and his
hand was restored. The Pharisees went
out and immediately conspired with
the Herodians against Jesus, how to
destroy him.

POST COMMUNION

Eternal Father,
we thank you for nourishing us
with these heavenly gifts:
may our communion strengthen us in
faith,
build us up in hope,
and make us grow in love;
for the sake of Jesus Christ our Lord.



SIGNPOST

The weekly newsletter of
St George's, Tuffley with St Margaret's, Whaddon
Worshipping, Caring, Pioneering
'Growing God's Kingdom'

Welcome to all
Diary Dates from 2nd to 9th June 2024

Sun 2	TRINITY 1		
	10.30am	St G	Parish Communion & Banns of Marriage Crucifier: Dot Readers: Susan/Jonathan T Intercessions: Paul Coffee: Hilary & Glenice
	5.00pm	St M	Evensong
Mon 3	5.00pm	Zoom	Evening Prayer
Tue 4	9.30am	SH	Coffee Pot
	10.00am	St G	Parish Communion
	5.00pm	LC	Evening Prayer
Wed 5	8.15am	Zoom	Morning Prayer
	7.00pm	SL	GAGS Committee
Thu 6	10.30am	St M	Parish Communion
	2.00pm	SH	Art Group
Fri 7	7.30pm	MH	Entertainers
Sat 8	10.00am	MH	Karate
	12noon	MH	Party Set up -TBC
Sun 9	TRINITY 2		
	9.00am	St M	Parish Communion
	10.30am	St G	Parish Communion & Banns of Marriage Crucifer: David Readers: Sylvia E & Paul Intercessions: Derek Coffee: Sue & Linda
	1.00pm	MH	Private Party
	4.00pm	St M	Family Praise

St G = St George's, St M = St Margaret's,
MH = Main Hall, SH = Small Hall, SL = Softley Lounge,
LC = Lady Chapel

100 Club draw is on the horizon again, **9th June**, so your collectors will be getting in touch soon to make sure you're up to date with your dues.

Mothers' Union will meet on Tuesday 11th June. The date shown in Crossroads is incorrect.

Warm up your vocal chords for **St George's Entertainers' Summer Sing Along!** With the best of British music from the forties to the noughties there's something for everyone: Come join us at 7.30pm on the 15th June, in St George's Church Centre. Tickets are £3, and carers come free. Soft drinks will be available for purchase during the intermission, or you are very welcome to bring your own.

We are part of the **Church in Tuffley**



We pray for

Laura, Angela, Margaret, Mark, Johanna, James, Peter, Hans, George, Jenny, Hilary, Sarah, Terry, Phil.

In Memoriam:

Wendy Saunders RIP

Birthdays & Anniversaries:

Katie Brown 3rd, Derek Kingscote 4th, Glenda Stevens 9th.

Banns of Marriage:

2nd calling at St George's for:

Gary Nigel Clack & Zara Jayne Edwards

and 2nd calling at St George's for: -

Emma Louise Etherington and James David Francis Dudley

Hymns at St George's: 205, 662, 67, 565:

Keep bringing items for the Foodbank on a Sunday. Collection point is the tray at the back of the Church. The Foodbank are in **URGENT NEED OF LONG-LIFE FRUIT JUICE & MILK, (not chilled) TINNED FRUIT, SHOWER GEL.** Thank you.

Thank you to Mike Brammer

We say a huge thankyou to Mike Brammer for his long and dedicated service as churchwarden of St George's and we are very grateful that he will still continue with Coffee Pot and Fun and Free - much appreciated!

Holiday Club

Thanks so much to everyone who has signed up to help the fantastic response means the Club can definitely go ahead! There will be a briefing on Wednesday 31st July from 2.00pm until 4.00pm for all involved - if you could put this in the diary and come along, if at all possible, that would be greatly appreciated.

CONTACTING US:

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There is an answer phone in use outside of office hours.

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Email messages are monitored outside of office hours.

The Administration office is open from Wednesdays to Fridays from 9.30am until 11.30am.